

Premiere Studio of Dance - Guide to Recreational Classes 2025-26

Recreational level classes categorized by age group

SESSION-BASED CLASSES

(see website for session dates)

DAY OF THE WEEK	TIME	CLASS/DANCE STYLE	LOCATION	ADDITIONAL DETAILS
Ages 2-5				
Monday	9:30-11:30am	Mini Movers	Peterborough	Mini Movers will participate in sensory based learning play stations, dance, movement, and arts and crafts. Classes are limited to eight kids. See website for additional details and multi-day packages.
Wednesday	9:30-11:30am	Mini Movers	Peterborough	
Friday	9:30-11:30am	Mini Movers	Peterborough	
Ages 'Walking' to 3				
Thursday	5:00-5:30pm	Parent & Tot	Peterborough	Perfect for little ones who love to move to music! Ages 'walking' to 3, dancers get an introduction to following instruction in a class setting and focusing on motor movement with the help of a parent/guardian participating in the class with them.
Tuesday	5:30-6:00pm	Parent & Tot	Millbrook	
Saturday	9:00-9:30am	Parent & Tot	Millbrook	
Adult Ages 18+				
Thursday	7:30-8:00pm	Ballet/Barre (order of classes subject to change)	Peterborough	See website for additional details. Extended spring session with Recital performance option available!
Thursday	8:00-8:30pm	Jazz/Hip Hop (order of classes subject to change)	Peterborough	
Thursday	8:30-9:00pm	Tap (order of classes subject to change)	Peterborough	

FULL-SEASON CLASSES

(classes run Sept 2025 to June 2026)

DAY OF THE WEEK	TIME	CLASS/DANCE STYLE	LOCATION	ADDITIONAL DETAILS
Ages 2-3				
Monday	4:00-4:30pm	Tiny Tumblers	Peterborough	Parents are welcome to stay in the room for support, but do not participate in the class itself. The goal is for parents to gradually step back between September to November, helping dancers gain confidence and independence in preparation for Recital. Depending on their age and comfort level, dancers may either repeat this class level or move into Pre-Dance or age 4-6 classes the following season. See class descriptions on your Parent Portal for each style.
Monday	4:30-5:00pm	Intro to Dance	Peterborough	
Wednesday	4:30-5:00pm	Tiny Tumblers	Millbrook	
Thursday	4:00-4:30pm	Tiny Tumblers	Peterborough	
Thursday	5:30-6:00pm	Intro to Dance	Peterborough	
Friday	4:00-4:30pm	Intro to Dance	Peterborough	
Saturday	9:30-10:00am	Intro to Dance	Peterborough	
Saturday	9:30-10:00am	Intro to Dance	Millbrook	
Ages 4-5				
Monday	4:00-4:45pm	Pre-Dance	Millbrook	Pre-Dance introduces the foundations of ballet and jazz for dancers aged 4 to 5 who are either new to dance or have graduated from our younger age group classes. Dancers participate independently, as parents do not remain in the room during class. If you feel your dancer may be more comfortable with a parent present, we recommend exploring our Intro to Dance or Tiny Tumblers class options!
Monday	5:00-5:45pm	Pre-Dance	Peterborough	
Thursday	6:00-6:45pm	Pre-Dance	Peterborough	
Saturday	9:00-9:45am	Pre-Dance	Peterborough	
Saturday	10:00-10:45am	Pre-Dance	Millbrook	
Ages 4-6				
Monday	4:15-5:00pm	Jazz/Hip Hop	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Tuesday	4:00-4:45pm	Jazz/Hip Hop	Millbrook	
Tuesday	4:45-5:30pm	Tap	Millbrook	
Wednesday	5:00-5:45pm	First Steps Ballet	Millbrook	
Wednesday	5:45-6:30pm	Jazz/Hip Hop	Millbrook	
Wednesday	6:30-7:15pm	Acro	Millbrook	
Thursday	4:30-5:15pm	Acro	Peterborough	
Thursday	5:15-6:00pm	Jazz/Hip Hop	Peterborough	
Friday	4:00-4:45pm	First Steps Ballet	Peterborough	
Friday	4:45-5:15pm	Tap	Peterborough	
Friday	5:15-6:00pm	Jazz/Hip Hop	Peterborough	
Friday	6:00-6:45pm	Acro	Peterborough	
Saturday	10:15-11:00am	Musical Theatre	Peterborough	
Saturday	10:45-11:30am	Jazz/Hip Hop	Millbrook	
Saturday	11:00-11:45am	First Steps Ballet	Peterborough	
Saturday	11:30-12:15pm	Acro	Millbrook	
Saturday	11:45-12:30pm	Jazz/Hip Hop	Peterborough	
Saturday	12:15-1:00pm	First Steps Ballet	Millbrook	
Ages 7-9				
Monday	4:45-5:30pm	Jazz/Hip Hop	Millbrook	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	5:30-6:15pm	Ballet/Lyrical	Millbrook	
Monday	6:15-7:00pm	Acro	Millbrook	
Monday	7:00-7:45pm	Musical Theatre	Millbrook	

Premiere Studio of Dance - Guide to Recreational Classes 2025-26 (continued)

Ages 7-9 (continued)

Tuesday	6:00-6:45pm	Acro	Millbrook	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Tuesday	6:45-7:30pm	Jazz/Hip Hop	Millbrook	
Tuesday	7:30-8:15pm	Tap	Millbrook	
Thursday	6:00-6:45pm	Acro	Peterborough	
Thursday	6:45-7:30pm	Jazz/Hip Hop	Peterborough	
Friday	4:30-5:15pm	Ballet/Lyrical	Peterborough	
Friday	5:15-6:00pm	Tap	Peterborough	
Friday	6:00-6:45pm	Musical Theatre	Peterborough	
Friday	6:45-7:30pm	Acro	Peterborough	
Friday	7:30-8:15pm	Hip-Hop/Breakdance	Peterborough	
Saturday	12:30-1:15pm	Acro	Peterborough	
Saturday	1:15-2:00pm	Jazz/Hip Hop	Peterborough	
Saturday	2:00-2:45pm	Ballet/Lyrical	Peterborough	

Ages 10-12

Thursday	6:45-7:30pm	Acro	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Saturday	2:45-3:30pm	Lyrical/Contemporary	Peterborough	
Saturday	3:30-4:15pm	Acro	Peterborough	
Saturday	4:15-5:00pm	Jazz/Hip-Hop	Peterborough	

Ages 10+

Monday	7:30-8:15pm	Acro	Millbrook	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	8:15-9:00pm	Ballet/Lyrical	Millbrook	
Wednesday	7:15-8:00pm	Jazz/Hip-Hop	Millbrook	
Wednesday	8:00-8:45pm	Lyrical/Contemporary	Millbrook	
Wednesday	8:45-9:15pm	Musical Theatre	Millbrook	
Thursday	7:45-8:30pm	Tap	Peterborough	
Friday	6:45-7:30pm	Hip-Hop/Breakdance	Peterborough	
Friday	7:30-8:00pm	Musical Theatre	Peterborough	
Friday	8:00-8:45pm	Jazz	Peterborough	
Friday	8:45-9:15pm	Ballet/Lyrical	Peterborough	

Advanced Rec Ages 10+

Thursday	7:30-8:00pm	Stretch, Conditioning & Tech	Peterborough	The Advanced Rec Program is designed as a full program, with dancers taking all four classes together. It's a great option for dancers who are looking to further their training and may be considering the Competitive Program in the future!
Thursday	8:00-8:30pm	Jazz/Hip Hop	Peterborough	
Thursday	8:30-9:00pm	Lyrical/Contemporary	Peterborough	
Thursday	9:00-9:30pm	Ballet Tech	Peterborough	

Ages 13+

Monday	7:15-8:00pm	Acro	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	8:00-8:30pm	Jazz	Peterborough	
Monday	8:30-9:00pm	Lyrical/Contemporary	Peterborough	
Monday	9:00-9:30pm	Hip Hop	Peterborough	