

Premiere Studio of Dance - Guide to Recreational Classes 2026-27

Recreational level classes categorized by age group

SESSION-BASED CLASSES (see www.premieredance.ca for session dates)

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DAY OF THE WEEK	TIME	CLASS/DANCE STYLE	LOCATION	ADDITIONAL DETAILS
Ages 2-5				
Tuesday	9:30-11:30am	Mini Movers	Peterborough	Mini Movers will participate in sensory based learning play stations, dance, movement, and arts and crafts. See website for additional details and multi-day packages.
Thursday	9:30-11:30am	Mini Movers	Peterborough	
Ages 'Walking' to 3				
Thursday	5:00-5:30pm	Parent & Tot	Peterborough	Perfect for little ones who love to move to music! Ages 'walking' to 3, dancers get an introduction to following instruction in a class setting and focusing on motor movement with the help of a parent/guardian participating in the class with them.
Tuesday	5:45-6:15pm	Parent & Tot	Millbrook	
Saturday	9:00-9:30am	Parent & Tot	Millbrook	
Saturday	9:30-10:00am	Parent & Tot	Peterborough	
Adult Ages 18+				
Thursday	7:45-8:30pm	Ballet/Barre	Peterborough	See website for additional details. Extended spring session with Recital performance option available!
Thursday	8:30-9:15pm	Jazz/Hip Hop	Peterborough	
Thursday	9:15-10:00pm	Tap	Peterborough	

FULL-SEASON CLASSES (classes run Sept 2026 to June 2027)

DAY OF THE WEEK	TIME	CLASS/DANCE STYLE	LOCATION	ADDITIONAL DETAILS
Ages 2-3				
Monday	4:00-4:30pm	Tiny Tumblers	Peterborough	Parents are welcome to stay in the room for support, but do not participate in the class itself. The goal is for parents to gradually step back between September to November, helping dancers gain confidence and independence in preparation for Recital. Depending on their age and comfort level, dancers may either repeat this class level or move into Pre-Dance or age 4-6 classes the following season. See class descriptions on your Parent Portal for each style.
Monday	4:30-5:00pm	Intro to Dance	Peterborough	
Tuesday	5:15-5:45pm	Tiny Tumblers	Millbrook	
Thursday	5:30-6:00pm	Tiny Tumblers	Peterborough	
Friday	4:45-5:15pm	Intro to Dance	Peterborough	
Saturday	9:00-9:30am	Intro to Dance	Peterborough	
Saturday	9:30-10:00am	Intro to Dance	Millbrook	
Ages 4-5				
Monday	5:00-5:45pm	Pre-Dance	Peterborough	Pre-Dance teaches the foundations of ballet and jazz for dancers aged 4 to 5 who are either new to dance, or are graduates of our younger age group classes!
Saturday	10:00-10:45am	Pre-Dance	Millbrook	
Saturday	11:00-11:45am	Pre-Dance	Peterborough	
Ages 4-6				
Monday	4:15-5:00pm	Jazz/Hip Hop	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Tuesday	4:15-5:15pm	NEW Ballet/Tap Combo	Millbrook	
Wednesday	4:45-5:30pm	Jazz/Hip Hop	Millbrook	
Wednesday	5:30-6:15pm	Acro	Millbrook	
Thursday	4:15-5:00pm	Acro	Peterborough	
Thursday	5:00-5:45pm	Jazz/Hip Hop	Peterborough	
Friday	4:00-4:45pm	Ballet	Peterborough	
Friday	4:45-5:15pm	Tap	Peterborough	
Friday	5:15-6:00pm	Jazz/Hip Hop	Peterborough	
Friday	6:00-6:45pm	Acro	Peterborough	
Saturday	10:45-11:45am	NEW Jazz/Acro Combo	Millbrook	
Saturday	11:45-12:30pm	Acro	Peterborough	
Saturday	12:30-1:15pm	Musical Theatre	Peterborough	
Ages 7-9				
Monday	4:30-5:15pm	Jazz/Hip Hop	Millbrook	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	5:15-6:00pm	Ballet/Lyrical	Millbrook	
Monday	6:00-6:45pm	Acro	Millbrook	
Wednesday	6:15-7:00pm	Acro	Millbrook	
Wednesday	7:00-7:45pm	Jazz/Hip Hop	Millbrook	
Thursday	5:45-6:30pm	Jazz/Hip Hop	Peterborough	
Thursday	6:00-6:45pm	Acro	Peterborough	
Thursday	6:30-7:15pm	Acro	Peterborough	
Thursday	6:45-7:15pm	Ballet	Peterborough	
Thursday	7:15-7:45pm	Tap	Peterborough	
Friday	5:15-6:00pm	Musical Theatre	Peterborough	
Friday	6:00-6:45pm	Hip Hop & Breakdance	Peterborough	
Friday	6:45-7:30pm	Acro	Peterborough	
Friday	7:30-8:15pm	Jazz/Hip Hop	Peterborough	
Saturday	1:15-2:15pm	NEW Jazz/Acro Combo	Peterborough	
Saturday	2:15-3:00pm	Ballet/Lyrical	Peterborough	

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Ages 10-12				
Friday	6:00-6:45pm	Hip Hop & Breakdance	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Saturday	3:00-3:45pm	Lyrical/Contemporary	Peterborough	
Saturday	3:45-4:45pm	NEW Jazz/Acro Combo	Peterborough	
Ages 10+				
Monday	6:45-7:30pm	Musical Theatre	Millbrook	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	7:30-8:15pm	Acro	Millbrook	
Monday	8:45-9:15pm	Tap	Peterborough	
Wednesday	7:45-8:30pm	Jazz/Hip Hop	Millbrook	
Wednesday	8:30-9:15pm	Ballet/Lyrical/Contemporary	Millbrook	
Friday	6:45-7:30pm	Musical Theatre	Peterborough	
Friday	7:30-8:15pm	Acro	Peterborough	
Friday	8:15-8:45pm	Jazz	Peterborough	
Friday	8:45-9:15pm	Ballet/Lyrical	Peterborough	
Advanced Rec Ages 10+				
Thursday	7:15-7:45pm	Stretch, Conditioning & Tech	Peterborough	The Advanced Rec Program is designed as a full program, with dancers taking all four classes together. It's a great option for dancers who are looking to further their training and may be considering the Competitive Program in the future!
Thursday	7:45-8:15pm	Jazz/Hip Hop	Peterborough	
Thursday	8:15-8:45pm	Lyrical/Contemporary	Peterborough	
Thursday	8:45-9:15pm	Ballet Tech	Peterborough	
Ages 13+				
Monday	7:15-7:45pm	Acro	Peterborough	Open to dancers of all experience levels! For full details on each class style, please refer to the class descriptions available in your Parent Portal.
Monday	7:45-8:15pm	Jazz/Hip Hop	Peterborough	
Monday	8:15-8:45pm	Lyrical/Contemporary	Peterborough	